



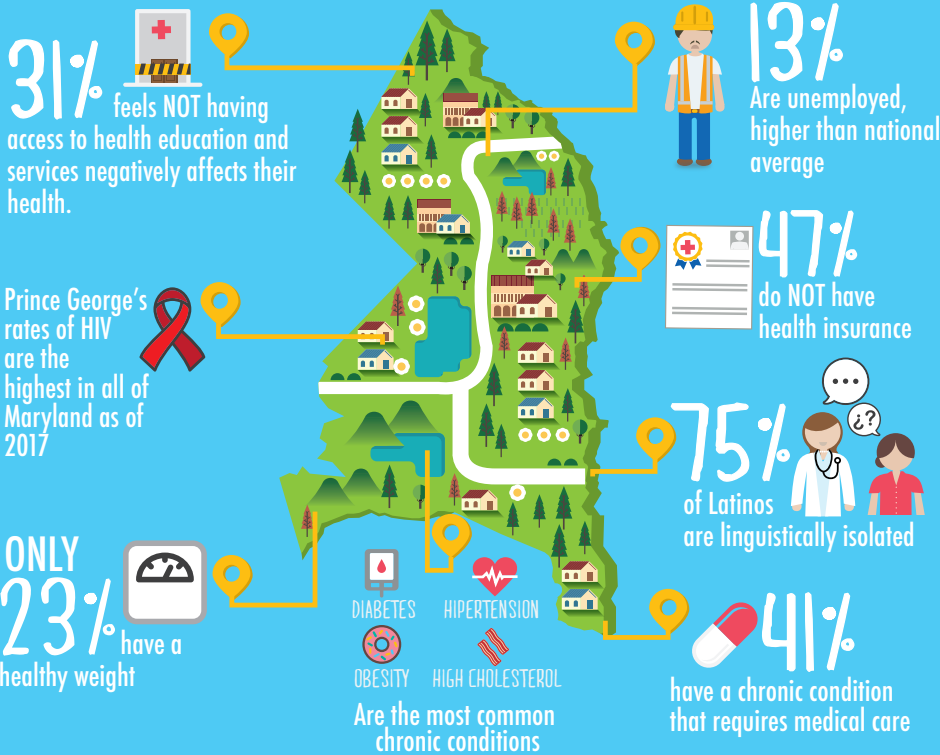
La Voz del Pueblo

2018 Spring Newsletter

Growing our Footprint in Prince George's County, MD

It started with Mi Refugio in 2015, then our Hyattsville clinic in 2016, then Empodérate in Langley Park in 2017. We are excited to share with you how we are integrating our programs to advance health equity in the county!

LATINO COMMUNITY IN PRINCE GEORGE'S COUNTY



Donor Spotlight

We thank local, small-business owner LaBelle Visage for supporting Mi Refugio!

Visage has committed to supporting under-resourced Latino youth at Northwestern High school in hopes of creating a sense of community and inclusion. "Being a student is already hard enough, the last thing on their mind should be worrying about how they will pay for the senior fees or attend prom/graduation." We are grateful for LaBelle's ongoing support for youth in Prince George's County!

Hyattsville Clinic



92% of our patients are Hispanic

84% are Limited English Proficient

92% are at or below 200 % Federal Poverty Level

Mi Refugio

- **6,000** minors who are considered Children Fleeing Violence (CFV) from Central America, live in DMV
- **Prince George's County** is in the top ten jurisdictions that receive the greatest numbers of CFV
- **High Demand:** Mi Refugio grew by **150%** in 2017-2018

Empodérate



90% of HIV positive results clients have been linked to care within 90 days

- Most Empodérate clients are recently arrived immigrants within the last two years
- Empodérate is one of the only LGBTQ, Spanish-speaking services in PG County

Upcoming Events



Happy Hour benefitting Mi Refugio
El Rinconcito 5-8:30pm
1326 Park Rd NW, Washington, DC 20010
RSVP to dfarinas@lcdp.org or visit our Facebook!



5K Run/Walk Scavenger Hunt
College Park Community Center
Proceeds go to support SEED our partner!
Visit <https://wizathon.com/seed5krunwalk/index.php> to register



Partnering for Health Equity
City of Hyattsville, Town Hall 9:00 am - 4:15pm
4310 Gallatin St, Hyattsville, MD 20781
RSVP to rstain@lcdp.org

QUOTE



Gilson is a Mi Refugio graduate of 2017. He won two scholarships and is the first person in his family to go to college. He currently studies at Prince George's County Community College and plans to become a social worker.

"I think La Clínica is making a huge impact in the community and changing the lives of many people in need. It changed my life completely. I think at this pace it will change the lives of many others... My goal is to help others. If I can help at least one kid get to college, then it would change their life, and then they will change the lives of others."

Hyattsville Clinic

Like many patients, Juliana's* first doctor's appointment at La Clínica Hyattsville was her first doctor's visit ever. Her diabetes was out of control. She was at high-risk of experiencing serious symptoms (one side-effect of uncontrolled diabetes is blindness). Juliana didn't realize that her condition was so serious; she didn't have access to a doctor to educate her about diabetes management. Our team leapt into action to get Juliana on the road to a healthier life. With dedicated attention and care, Juliana is now in control of her diabetes and has reduced her risk of more acute illness. There are many more individuals like Juliana in Prince George's County, who are still out of care, but patient by patient we are changing that. To date more than 1,000 patients are receiving high-quality, culturally-competent care in their new medical home at our Hyattsville clinic.

Mi Refugio

Mi Refugio started in 2015 as part of the Transforming Neighborhoods Initiative (TNI). The program serves Latino youth through mental health services, social skills building, college preparation, and health education. Now in its third year, the program serves 180 Latino youth! We are integrating Mi Refugio with other programs as well to reduce health disparities. A group of 12 Mi Refugio participants were trained as Promotores de Salud through our Health Promotion department. With this training, youth become the educators. These students are educating their peers about healthy lifestyle choices and developing fun activities to encourage physical activity. We are also engaging their family members through activities like intergenerational soccer tournaments! We'd love our local business partners and philanthropic friends to join us! Interested? Please reach out to rugarate@lcdp.org.

Empodérate

Empodérate in Langley Park is one of the few safe spaces in the Washington DC metro area for Latinx LGBTQ immigrants. Our colorful, light-filled oasis is nestled on the 3rd floor of the Riggs building for Latinx LGBTQ individuals to hang out, meet with peers, get tested for HIV, join support groups, learn to promote health in their community, or just use a computer. Many individuals face frequent discrimination based on their sexual orientation and/or gender-identity. Often, discrimination is the reason they fled their country of origin. Many have come to the U.S. in the last two years. Because of this, the safe space we create is vital. In March, the Empodérate center in DC moved to its new, permanent home in La Casa (Community Health Action Center) in Mount Pleasant, DC. Together, both Empodérate centers received nearly 3,000 visits in 2017.

MAKE A DIFFERENCE TODAY!

Every dollar you give, makes a difference. Give today for a bright and healthy future tomorrow. You can give online at www.lcdp.org. They say it takes a village, we say it takes a pueblo! You can:

1

Become an Amig@ del Pueblo:

Join our monthly supporters group to provide sustainable funding for our programs.

2

Attend a fundraiser

Bring a friend! We have lots of events coming up and we'd love to see you and grow our pueblo of supporters and allies.

3

Spread the voice!

Tell: We are best when we work together. Do you know someone who would be interested in hearing more about our work? Share this newsletter with them!