



# ANNUAL REPORT 2022



**LA CLÍNICA  
DEL PUEBLO**



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Catalina Sol  
**Executive Director**



Edgar Jimenez  
**Board President**

# DEAR FRIENDS

La Clínica enjoyed many new beginnings in 2022, and we are proud and honored to share our stories, achievements, and results in this report. Without you, our partners, supporters, funders, clients, and stakeholders, we could not have been successful in taking one step closer to our 40th anniversary of building a healthier Latino community.

In 2022 we welcomed new leadership to our Board of Directors, and we have been hard at work setting the stage for our future strategic directions. We cannot talk about 2022 without recognizing the joy we felt when seeing each other face to face at our many in-person “firsts.” Our first PRIDE, our first all-staff retreat, our first patient groups, our first Board retreat – these all gave us hope that we can emerge from COVID keeping the best of what we’ve learned while recovering our togetherness.

For our community, 2022 was another difficult year. Even while making gains in COVID prevention and transmission, Latinx immigrants in our region experienced greater economic and housing instability, ongoing impact on mental health and rising needs for substance use services, and continuing lack of access to health insurance coverage and services in many areas within our region. The horrific politicization of migrants and newcomers bused to our nations’ capital shone a very visible light on the significant challenges immigrant families face daily, particularly when immigration status is tenuous or unstable. At La Clínica, we know that achieving health and wellbeing in this environment requires more than a plan solely focused on an individual.

Our awareness of these issues informed many of our programs and new initiatives. One example of this revolves around our work with diabetes – a major condition affecting Latinos nationwide. In February, La Clínica was selected as one of nine entities in Maryland to participate in the MD CHRC Pathways to Health Equity initiative, which seeks to reduce health disparities and improve health outcomes. Our project focuses on diabetes disparities among Latinos in Prince George’s County, and includes comprehensive care, medical-legal partnerships, linkage to care and specialty services, public education campaigns, and community mobilization around health access. We worked with our patients and clients to elevate their voices and challenges in public hearings and brought together our academic and community partners to reflect on our knowledge, lessons learned, and gaps in our goals to achieve greater health equity.

Diabetes is only one area of focus for La Clinica, we are also known for our breadth and depth around HIV care and prevention, substance use and mental health, language access, women’s health, gender and LGBTQ-affirming care, chronic care management, and school-based health, among others. Our common thread is not an issue, it’s our community, and our commitment to health as a human right for immigrants and all people. We invite you to get to know us better through this report, and to continue to deepen your relationship with us and our work. On behalf of our Board of Directors and staff, thank you for being a part of our journey.

**Catalina Sol**  
**Executive Director**

**Edgar Jimenez**  
**Board President**

# HIGHLIGHTS 2022



## PRIDE Reunited

After a 3-year hiatus, La Clínica's staff, clients, and allies united for the Pride Parade in celebration of the Latinx LGBTQ+ community. Events like this allow us to deepen our trust in the community and successfully navigate individuals to our services. More than 2,012 individuals were navigated to services in 2022.

## Integrating Telehealth into our line of work

We integrated telehealth as a permanent option for patients to access their health care needs. While a 2021 patient survey showed preference for in-person visits, many expressed telehealth visits were preferred to refill prescriptions and for convenience. These key insights resulted in new policies to best meet patient needs.



Are you a La Clínica del Pueblo patient?  
Don't have time for an in-person appointment?  
Need to speak with a healthcare provider today?

**NOW YOU CAN  
SCHEDULE A  
TELEHEALTH VISIT**



[www.lcdp.org/portal](http://www.lcdp.org/portal)



# idea

Identifying new ways to unlock  
**D**iabetes  
**E**ssential care and  
**A**lliances in the Latino community

VIRTUAL CONFERENCE



## IDEA Conference

La Clínica's and Bridging the Gap: Reducing Disparities in Diabetes Care hosted the IDEA Conference focused on diabetes care transformation, sustainability strategies, and how strategic partnerships can improve the health system. The interactive platform allowed the audience and panelists to drive real time recommendations.

## Women's Reproductive Health

When the Supreme Court struck down Roe vs Wade, La Clínica took a stand, releasing a public statement reinforcing our commitment to health care as a human right, including sexual and reproductive health. Watch La Clínica's video that encapsulates our Reproductive Justice in Action, and how we serve hundreds of women each year.



## COMITÉ DE PACIENTES



## Patient Committee

In 2022, our 28-member Patient Advisory Committee met regularly with our Executive Director and Health Equity team. The Committee includes patients, health promoters, and program participants. They drive community engagement, advocate for policy improvements, and prioritize the patient perspective.

## HIV Workforce Team

La Clínica's HIV Workforce Team focused in on improved workflows which led to reporting a 100% rate of patients linked to care in under 30 days. (77% of patients were linked to care in under 2 weeks and 60% in under a week). La Clínica continues to lead in HIV prevention and treatment.



**LET'S STOP  
HIV  
TOGETHER**



## Staff Retreat

La Clínica's staff enjoyed the first staff retreat in 3 years at Sandy Point Park. We celebrated staff who reached 5, 10, 15, and 20 years of work at La Clínica, many who began as volunteers, health promoters, and clients! In 2022, we welcomed 35 new staff, each with a strong commitment to serving Latinx communities.

## Policy Victories

Our coalition participation led to significant victories for Health Equity. In DC, a key barrier in the DC Alliance Healthcare recertification process was removed. In MD, the campaign for expanded healthcare coverage won passage of the Healthy Babies Equity Act, extending Medicaid to mothers and newborns regardless of immigration status.

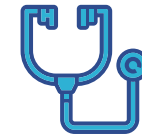


## Substance Use and Mental Health

Volviendo a Vivir's (VAV) intake process moved to La Clínica from the Department of Behavioral Health. This has resulted in an improved system and ability to better serve the needs of each client. Already our client numbers have doubled in 2023. VAV remains one of the only bilingual and culturally appropriate substance use programs in DC.



# IMPACT



**10,684**  
Medical Services provided



**4,879**  
Mental Health Services provided



**5,158**  
Substance use outpatient services provided



**12,814**  
Telehealth services vs 11,688 in person clinical services



**6,286**  
Medical Interpretations and Navigations provided



**7,640**  
Client encounters through health education



**2,595**  
Enabling Case Management Services



**209**  
Students receiving mental health services through Mi Refugio



**2,516**  
Cancer Screenings



**1,456**  
Reproductive Services provided



**3,078**  
HIV and STI tests provided



**100%**  
of newly diagnosed HIV positive individuals linked to care



**91%**  
Of patients identify as Latino



**89%**  
of patients prefer other language than English



**11**  
Testimonies by staff and community members in local councils



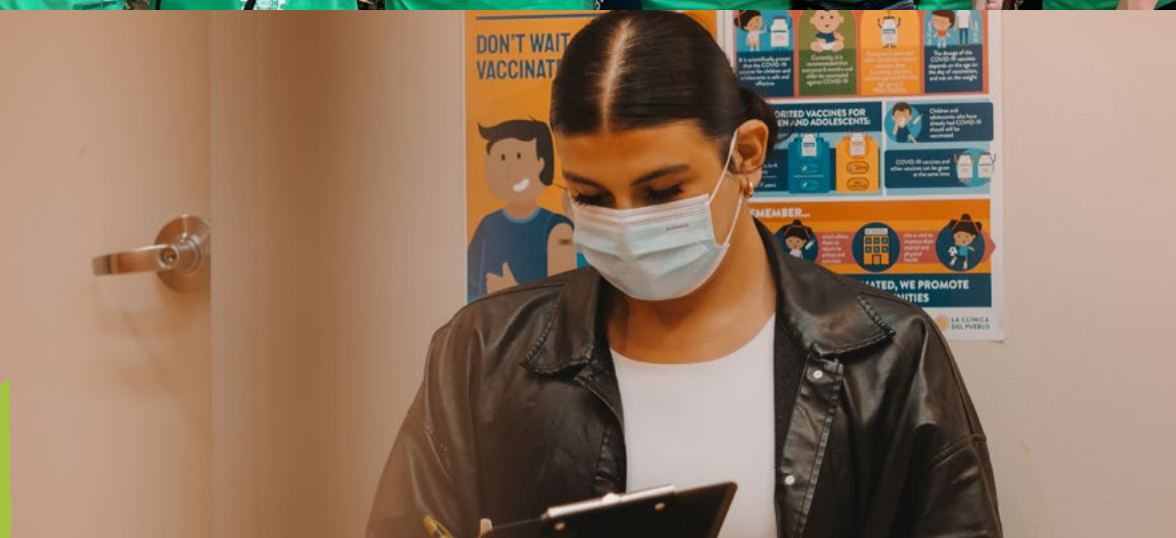
**58**  
Health Promoters Trained

# EVENTS



## 3rd WALK-A-THON FOR HEALTH

We were thrilled to see a sea of green shirts as La Clínica staff, patients, community members, partners and supporters came together, walking for health equity. Our community walked more than 38 million steps from March - April. Spoiler alert, in 2023 we walked 57 million steps! Let's see what our feet and hearts can do in 2024.



## CHA SUMMIT 2022

2022 Community Health Action Summit "The Role of Innovation and Research in Advancing Community Health" - In October, 80 partner agencies and 220 individuals participated in a 2-day summit hosted by our Community Health Action Department. Providers and partner agencies shared how the use of innovation and research contributes to improving community health. All participants learned through group discussions, capacity building workshops, virtual discussion booths, and networking opportunities.



## 7TH ANNUAL CASINO NIGHT

For seven years, Flock DC raised essential funds with La Clínica through an annual pop-up Casino event totaling more than \$260,000! Additionally, their staff provided 700+ volunteer hours in that time resulting in a deeply interwoven partnership centered on positively impacting the health of our communities.



## LA POSADA

In December, La Clínica's traditional "La Posada" holiday event and gift give-away provides hundreds of families with holiday gifts and the opportunity to celebrate culture, community, and belonging. Thank you to All Souls Church for hosting this magical event and to the individuals and businesses that distributed more than 400 gifts and books to our patient families.



**PARTNERSHIPS**

Lessons learned from our five-year MERCK Bridging the Gap initiative leveraged La Clínica for funding through Maryland’s Community Health Resource Commission’s (CHRC) Pathway to Health Equity. Through this new \$1.5 million two year grant we are implementing the diabetes management and model of care learned through our MERCK demonstration project. These partnerships allow La Clínica to continue strengthening its model of care delivery and address system-level issues impacting the health of Latinx communities.

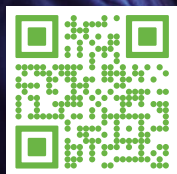


**INNOVATION**

La Clínica is leading a cross-sectoral coalition to address social determinants of health including food insecurity and immigration status, to improve health outcomes for low-income Limited English Proficient immigrant Latinx individuals who have been diagnosed with diabetes or are at-risk for diabetes. This innovative model is inclusive of primary and specialty care, wrap around support services, comprehensive health education/ outreach, and advocacy for the uninsured Latinx community. Our key partners are Ayuda, Luminis Health, and Crossroads Community Food Network.



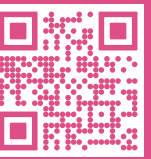
SCAN TO READ PAPER



**FUNDING MODEL**

Financially sustaining a model that has strong outcomes requires mixed funding from public and private sources. In a recent paper (scan QR code to read) resulting from the MERCK project, it is found Philanthropy has a critical role in supporting system innovation while the public sector catches up in funding.

**MEDIA**



Articles, Publications, Conferences

**Mapping Barriers and Enablers of COVID Vaccine Uptake**

“Health departments should prioritize language access and cultural competence when developing educational campaigns;” just one of the recommendations from the community assessment conducted by La Clínica. 673 individuals were surveyed to ensure comprehensive, equitable perspectives in COVID-19 vaccine education and distribution efforts.

**International AIDS Conference 2022 Poster Presentation**

We presented in the International AIDS Conference 2022 a poster presentation “Only if it was better: Perspectives and Preferences on Long-acting Injectable Antiretroviral Use” that disseminated findings of a Research Partnership with University of North Carolina at Chapel Hill, The Fenway Institute, and the George Washington University.

**American Public Health Association**

In 2022, La Clínica had two poster sessions accepted at the American Public Health Association (APHA) annual meeting: Transforming Health Information into Action. How to use a health equity perspective to become a health literate organization serving Latinx communities. Mapping Barriers and Enablers of COVID-19 Vaccine Uptake: The Role FQHC’s Can play addressing health inequalities in the Latinx Community.

**When Access is The Main Barrier**

Bessie’s Determination to Stay Healthy: Bessie, a sixty-seven-year-old El Salvadoran first-generation immigrant woman, has been a patient of La Clínica’s since 1996. She has survived ovarian and breast cancer and lives with diabetes. Like many patients of La Clínica, she has served on La Clínica’s Board and provided testimony of her experiences at the city council. Bessie agreed to be interviewed by two La Clínica staff for an article published online on December 1 in the Journal of General Internal Medicine.

**Implementing the Partnership Assessment Tool for Health**

A recent grantee of the five-year Merck Foundation initiative, Bridging the Gap: Reducing Disparities in Diabetes Care, La Clínica used the Partnership Assessment Tool for Health (PATH) to assess two cross-sector partnerships: a medical-legal partnership with a legal services agency, CARECEN, and a five-year partnership with FRESHFARM focused on alleviating food insecurity. Lessons learned by using PATH are now shared in this most recent Johns Hopkins Press publication.





## NEW WAVE OF IMMIGRANTS

In 2022, Texas and Arizona governors transported immigrants in buses to Washington DC. Since 1983, La Clínica has been a trusted, safe, and welcoming space that our immigrant community relies on to provide quality care, and to fight for health, justice, and inclusion. Our next strategic plan, due in November 2023, will center on building community and needed investments.



## GROWING NUMBER OF STUDENTS

In 2022, our school-based mental health program, Mi Refugio, grew exponentially following a full year with students back in school. Additionally, Mi Refugio has been a point of entry for many of the newcomers arriving in the DC area. It works to improve the ability of our young high school student participants to cope with their feelings by reframing their experiences in a context that facilitates a healing process and promotes change.



## BRIGHT FUTURES

More than 209 students were served in the 2022-2023 school year, and 62 seniors graduated High School in June! For many Mi Refugio students, they have entered the US school system as a high-schooler, speak limited English upon arrival, and have endured challenging and traumatic experiences - Mi Refugio - truly represents a refuge and place where their healing and dreams can take shape.

# PARTNERSHIPS

Together, we partner on critical research and data, and demonstration projects that allow us to build upon the works of knowledge around health care access that can shape our model of care and drive our work in public health with Latinx immigrants.



# AWARDS

In 2022, La Clínica achieved excellent clinical outcomes and was recognized through a great span of esteemed awards for its leadership, provision of services, and work towards building a healthier community for all.



# BOARD OF DIRECTORS

La Clínica is led by a patient-majority Board of Directors who ensure the voice of our community is represented at the highest levels of leadership.



Edgar Jimenez  
President



Elizabeth Ortiz  
Vice President



Gerardo Portillo  
Treasurer



Adriana Velasquez  
Secretary  
Jan - Aug



Salome Martinez  
Secretary  
Sep- Dec



Ana Rodriguez  
At Large - Patient



Brizeida Santos  
At Large - Patient



Haylin Lovo  
At Large - Patient



Luis Angelo Gomez  
At Large - Patient



Paula Vasquez  
At Large - Patient



Veronica Vela  
At Large



William Escalona  
At Large - Patient

We thank our board members for their leadership and unwavering commitment during 2022.

# FINANCIAL HIGHLIGHTS

## REVENUE DISTRIBUTION

### 58% GOVERNMENT GRANTS AND CONTRACTS

|              |             |
|--------------|-------------|
| 2021         | 2022        |
| \$10,067,543 | \$9,433,451 |

### 21% EARNED INCOME

|             |             |
|-------------|-------------|
| 2021        | 2022        |
| \$3,619,724 | \$3,358,514 |

### 4% FOUNDATIONS AND LOCAL GRANTS

|             |           |
|-------------|-----------|
| 2021        | 2022      |
| \$1,610,132 | \$732,079 |

### 4% OTHER INCOME

|             |             |
|-------------|-------------|
| 2021        | 2022        |
| \$1,699,230 | \$1,753,480 |

### 4% INDIVIDUAL CONTRIBUTIONS

|           |           |
|-----------|-----------|
| 2021      | 2022      |
| \$674,810 | \$705,447 |

### 2% IN-KIND INCOME

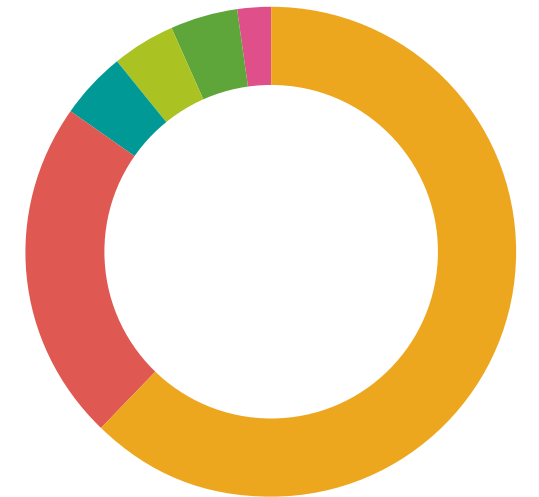
|           |           |
|-----------|-----------|
| 2021      | 2022      |
| \$134,423 | \$309,257 |

### INVESTMENT INCOME

|       |          |
|-------|----------|
| 2021  | 2022     |
| \$351 | \$17,592 |

## REVENUE 2022

\$16,309,820



## EXPENSES DISTRIBUTION

### 71% DIRECT SERVICES AND PROGRAMS

|             |              |
|-------------|--------------|
| 2021        | 2022         |
| \$9,684,202 | \$10,775,047 |

### 23% MANAGEMENT, FACILITIES, AND GENERAL

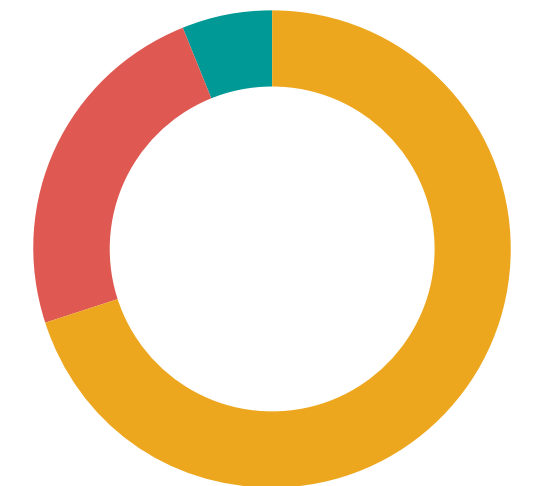
|             |             |
|-------------|-------------|
| 2021        | 2022        |
| \$3,210,782 | \$3,650,264 |

### 6% DEVELOPMENT, FUNDRAISING, AND COMMUNICATIONS

|           |           |
|-----------|-----------|
| 2021      | 2022      |
| \$774,468 | \$941,805 |

## EXPENSES 2022

\$15,367,116



| TOTAL    | 2020         | 2021         | 2022         |
|----------|--------------|--------------|--------------|
| REVENUE  | \$15,601,907 | \$17,806,213 | \$16,309,820 |
| EXPENSES | \$13,653,124 | \$13,669,452 | \$15,367,116 |

# DONORS 2022

La Clínica relies heavily on philanthropy to fuel its mission. We are grateful for the diverse group of supporters who continue to support our work, and for those who joined us in 2022, with commitments towards building healthier and more inclusive communities. We would like to recognize the following individuals, funding partners, foundations, associations, and businesses.

## Private Foundations, Corporate, and Public Partners

A. James and Alice B. Clark Foundation  
American Association of Medical Colleges  
AmeriHealth Caritas District of Columbia  
Bank of America Charitable Foundation  
District of Columbia Department of Behavioral Health  
District of Columbia Department of Health  
District of Columbia Mayor's Office of Latino Affairs  
District of Columbia Office of Victim Services and Justice Grants  
District of Columbia Primary Care Association  
George Washington University  
Institute for Public Health Innovation  
Inter-American Development Bank  
Luminus Health  
Mars Foundation  
Maryland Community Health Resources Commission  
Maryland Department of Health Office of Minority Health and Health Disparities  
Maximus Foundation  
Merck Foundation  
Miller Chevalier Charitable Foundation  
National Alliance for Hispanic Health  
Nora Roberts Foundation  
Open Society Foundation  
Planned Parenthood of the Metropolitan Washington, DC, Inc.  
Prince George's County Council  
Prince George's County Department of Social Services Community Schools Network  
Prince George's County Executive Office  
Prince George's County Health Department  
Robert Wood Johnson Foundation  
President's Grant Fund of the Princeton Area Community Foundation  
The Alexander and Margaret Stewart Trust  
The Charles and Mary Latham Fund  
The Morningstar Foundation  
The Morris and Gwendolyn Cafritz Foundation  
The United States Department of Health and Human Services (HHS)  
The United States Department of Health and Human Services: Centers for Disease Control and Prevention (CDC)  
The United States Department of Health and Human Services: Substance Abuse and Mental Health Services Administration ((SAMHSA)  
Theodore H. Barth Foundation  
UnidosUS  
United States Department of Justice Office on Violence Against Women  
Unity Health  
University of Michigan  
Venable Foundation  
Washington AIDS Partnership

## Organizations and Corporations

All Souls Church Unitarian  
Amazon Smile Foundation  
America's Charities  
Bates White  
Boeing Employee Community Fund  
Creative Associates International  
Crowell and Moring  
Give Lively  
Impact Assets  
KPMG Washington Foundation  
MESH Charities  
NVG LLC  
River Road Unitarian Universalist Congregation  
Schmidt Public Affairs  
Target Employee Fund  
The Software Alliance  
United Way of the National Capital Area  
Verizon  
World Bank Community Connections Fund  
Wynne Health Group LLC

## Event Sponsors

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AIM Commercial  
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Carefirst Bluecross Blueshield  
Colin Kimpel, Wealth Insight Partners  
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Eagle Bank  
Flock DC  
Giant Food  
Gilead Sciences  
Gloria's Maid Services  
Graham Holdings  
HJWC Group at Compass Real Estate  
Kaiser Permanente Foundation  
Keyed In  
Maggio Roofing  
MarshMMA  
Medly Health Inc  
Moya Design Partners  
NCB Capital Impact  
National Consumer Cooperative Bank  
NFP  
RingCentral  
The Exterior Medics Family Theory  
Toni Ghazi  
Wayne Hosking CSG Construction Systems Group  
Wealth Insight Partners  
Whiteford Taylor Preston

## Individuals & Family Foundations (\$1,000+)

Alexander Brady Foundation  
Alicia Wilson and Susan Guardado  
Ana Rodriguez  
Anonymous Patient  
Ben Gitterman  
Bickley Wilson and Robert Chipman  
Bob Bonner and Laurie Lester  
Bridgette and Matt Kaiser  
Carlos O'Bryan and Maria Arizmendi \*  
Carolyn Andrews  
Carolyn M. Parr  
Catalina Sol  
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Dorothy Pohlman  
Edgar Jimenez and Camila Lorca Jimenez  
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Split Rock Charitable Foundation  
Stephen Charles and Janice Hazlehurst  
Veronica Vela\*  
Vic Basile and Fabrizio Claudio  
Virginia Schofield and Peter Hakim

## Individuals (\$100-\$999)

Aaron Knight and Kim Adler  
Abel Nunez Aguilar and Diana Guellespe\*  
Adrian Becher  
Aidan and Kathleen Dellert Jones  
Aileen Ma  
Aimee and Abel Olivo\*  
Albert Kramer and Ruth Jaeger  
Alexis Stoumbelis  
Alice Litwinowicz  
Alicia Juarrero\*  
Alison Scimeca  
Alix Ganga  
Allan and Adela Jimenez  
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Ana Maria del Rio Gonzalez\*  
Ana Maria Oviedo Silva  
André Lee  
Andrea Littell\*  
Andrea Thoumi\*  
Andrea Ward  
Andrew Klein  
Andrew Schuster  
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Ann and Frank Winston  
Ann Chavez  
Ann Ingram  
Anna Jeide-Detweiler and Nathan Detweiler\*  
Anna Saavedra  
Anne Sherow  
Ariel and Rachel Levinson-Waldman  
Ariel Shaw  
Arielle Koreyasu  
Armando Almanza  
Arun Ivatury  
Asila Calhoun  
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Barbara Geiser  
Barbara Henins  
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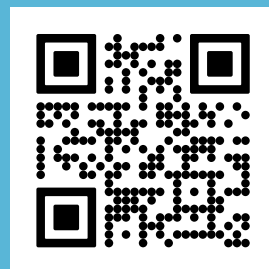
*“La Clínica has been a home for me over the past forty years. First as a volunteer medical interpreter, later as a board member, and now I bring together friends for Walk-a-thon and house parties. A lot has changed over the years, but one constant is the trust that my contributions are making a difference.”*

**-Lisa Wheaton, MD**

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